

Our Heart Safe program is back!!! As you will recall David Wahlberg became the Chairman of the effort and did a lot of work getting it off the ground. We give a big thank you to David for all the work he put into this program. Kristy Begun and Dick Huberty have volunteered to be cochairs to get this effort going in the Legends.

The HeartSafe program is part of a national effort to save lives by quickly beginning CPR and automated external defibrillators (AED) use at a time when minutes matter.

Sudden Cardiac Arrest is a life-threatening emergency that occurs when the heart unexpectedly stops beating. SCA leads to death within minutes if help is not received and the chance of survival decrease by 10% every minute without CPR. Green Valley Fire Chief Chuck Wunder estimates response times to The Legends to be 4 1/2 – 5 1/2 minute range , if the nearest station is not out on another call. In a pilot project conducted with the University Arizona, the neighboring Santa Rita Springs Heart Safe team showed a 2- minute response time.

The Legends HeartSafe responders will be notified by 911 dispatch center only of Sudden Cardiac Arrest calls within The Legends and only for those residents who have given consent to being treated by a volunteer.

Before becoming operational, HeartSafe team members will receive training from the GVFD in compression-only CPR and AED use. The group will purchase two AEDs, positioning one at the pool and another near a central mail cluster box. Volunteers would begin CPR and AED use until relieved by professional first responders.

WE NEED VOLUNTEERS! If you have already volunteered we will contact you. For others that would like to volunteer please contact Kristy at 2596khh@gmail.com (920-858-4185) or Dick at rphuberty@gmail.com (520-403-1145). Be ready to help your neighbor in an emergency!!!

Kristy and Dick